



# PE and sport premium monitoring and tracking form *2025/2026*



Commissioned by



Department  
for Education

Created by



association for  
PHYSICAL EDUCATION





## Review of the last academic year (2024/2025)



association for  
PHYSICAL EDUCATION



- Take some time to reflect on your intent, implementation and impact from last academic year to celebrate your wins but to also think about improvements for the year ahead.
- You do not need to complete every box. Just record the information that is key to your school's priorities and areas of focus.

**Remember** - Be clear about how you focused spending on key groups such as SEND, girls and disadvantaged pupils.

<u>Swimming and Water Safety</u>	What went well? Supporting evidence?	What didn't go well? Supporting evidence?
1. Swim competently, confidently and proficiently over a distance of at least 25 metres	60% of pupils in year 6 can swim 25 metres.  Evidenced on PE Swimming assessment tracker based on information and data collected poolside with swimming teacher.	We want this data to be 100%.  Evidenced on PE Swimming assessment tracker based on information and data collected poolside with swimming teacher.
2. Use a range of strokes effectively (for example, front crawl, backstroke and breaststroke)	60% of pupils in year 6 can use a range of strokes effectively.  Evidenced on PE Swimming assessment tracker based on information and data collected poolside with swimming teacher.	We want this data to be 100%.  Evidenced on PE Swimming assessment tracker based on information and data collected poolside with swimming teacher.
3. Perform safe self-rescue in different water-based situations	39% of pupils in year 6 can perform safe self rescues  Evidenced on PE Swimming assessment tracker based on information and data collected poolside with swimming teacher.	We want this data to be 100%.  Evidenced on PE Swimming assessment tracker based on information and data collected poolside with swimming teacher.



## Review of the last academic year (2024/2025)



association for  
PHYSICAL EDUCATION



YOUTH  
SPORT  
TRUST

Key areas as outlined in PE and sport premium guidance	What went well? Supporting evidence?	What didn't go well? Supporting evidence?
<p>1. Increasing confidence, knowledge and skills of all staff in teaching PE and sporting activities prioritising CPD and training where needed</p>	<ul style="list-style-type: none"><li>- There was an increase in staff confidence for teachers in teaching all areas of the PE curriculum</li><li>- Staff have access to team teach support with the PE leader</li></ul> <p>Across KS1 and KS2, over 90% of children were assessed (TA) as working at the ARE for PE, including declarative and procedural knowledge.</p>	<ul style="list-style-type: none"><li>- CPD needs to be further extended to teaching assistants when leading PE lessons</li></ul>
<p>2. Increasing engagement of all pupils in regular physical activity and sporting activities</p>	<ul style="list-style-type: none"><li>- More children are engaged with physical activities at lunchtimes.</li><li>- Adults are responsible for a specific activity on the playground to actively encourage children to take part in physical activity during their lunch times.</li><li>- Children have access to a wide range of adult-led activities.</li><li>- All children participate in regular physical activity through high quality PE lessons</li></ul>	<ul style="list-style-type: none"><li>- A small percentage of children continue to be reluctant to engage in physical activities at lunchtimes.</li></ul>



## Review of the last academic year (2024/2025)



association for  
PHYSICAL EDUCATION



YOUTH  
SPORT  
TRUST

Key areas as outlined in PE and sport premium guidance	What went well? Supporting evidence?	What didn't go well? Supporting evidence?
<b>3.</b> Raising the profile of PE and sport across the school, to support whole school improvement	<ul style="list-style-type: none"><li>- PE and Sport successes are celebrated on Facebook, in termly Sports newsletters, in the celebration worship each week as well as children being encouraged to share their successes in class.</li><li>- Children are encouraged to share their success with their peers and the whole school through the newsletter and social media.</li></ul>	
<b>4.</b> Offer a broader and more equal experience of a range of sports and physical activities to all pupils and ensure equal access to sport for boys and girls	<ul style="list-style-type: none"><li>- As a school, we continue to offer a wide range of activities both within and outside of the curriculum to encourage more children to be involved:</li><li>- Extra-curricular – Netball, Football, Obstacle, Cricket, Athletics</li><li>- Additional workshops on offer – curriculum time to engage all pupils – Dance and cycling</li><li>- Active lunchtimes – football arena, play zones, Sports Crew activities</li></ul>	<ul style="list-style-type: none"><li>- Continue to develop our offer for all pupils to ensure equal access to sport for boys and girls</li></ul>
<b>5.</b> Increasing participation in competitive sport	<ul style="list-style-type: none"><li>- 64% of KS1 and of KS2 have taken part in an Inter competition.</li><li>- 100% of KS1 and KS2 children have taken part in an intra school competition.</li></ul>	<ul style="list-style-type: none"><li>- Continue to develop our competition provision to maximize opportunities for 100% of our children.</li></ul>



## Aims for the next academic year (2025/2026) – 1/2



association for  
PHYSICAL EDUCATION



Aim	Why?	Key Area	Supporting evidence
<p>Focus on teacher training ensuring all teachers, and TAs who cover PE lessons, are confident to enjoy teaching High Quality Physical Education, enabling children to access High Quality Physical Education.</p>	<p>To ensure all children are participating in two hours a week of high-quality PE every week.</p>	<p>Key Indicator 1:  Increasing confidence, knowledge and skills of all staff in teaching PE and sporting activities prioritising CPD and training where needed.</p> <p>Key Indicator 2:  Increasing engagement of all pupils in regular physical activity and sporting activities</p>	<ul style="list-style-type: none"><li>• Staff confidence surveys</li><li>• Pupils' attainment data</li><li>• Lesson observation reviews</li><li>• Pupil voice</li></ul>
<p>Provide in school opportunities for pupils to access multiple opportunities to be physically active, including monitoring external physical activity to drive physical activity levels</p>	<p>To ensure that all pupils meet the UK Chief Medical Officers' guidelines of children engaging in at least 60 minutes of moderate-to-vigorous intensity physical activity (MVPA) daily.</p>	<p>Key Indicator 2:  Increasing engagement of all pupils in regular physical activity and sporting activities</p> <p>Key Indicator 3:  Raising the profile of PE and sport across the school, to support whole school improvement</p>	<ul style="list-style-type: none"><li>• Lunchtime participation data, alongside lunchtime activity plan.</li><li>• Data for all physical activity level tracked on school assessment grid</li><li>• External physical activity trackers outlining the amount of activity pupils' access outside of school.</li><li>• Extra curricular timetable and participation data.</li></ul>



## Aims for the next academic year (2025/2026) – 2/2



association for  
PHYSICAL EDUCATION



YOUTH  
SPORT  
TRUST

Aim	Why?	Key Area	Supporting evidence
<p>Enhance and monitor the quality and impact of physical activity provision for identified target groups, including girls and disadvantaged pupils, in order to increase participation levels and overall physical activity.</p>	<p>To ensure gaps in participation are reduced and that all pupils, particularly girls and disadvantaged children, have equal access to high-quality physical activity opportunities that support their physical health, wellbeing and engagement in school life.</p>	<p>Key Indicator 2: Increasing engagement of all pupils in regular physical activity and sporting activities</p> <p>Key Indicator 4: Offer a broader and more equal experience of a range of sports and physical activities to all pupils and ensure equal access to sport for boys and girls</p>	<ul style="list-style-type: none"><li>• Monitor lunchtime and extracurricular club attendance with participation of target groups</li><li>• Pupil voice survey with focus on barriers to participation</li><li>• Introduce focus group-only activity sessions (e.g. girls only football in arena on Friday lunchtimes)</li><li>• Increased representation of girls and disadvantaged pupils in intra- and inter-school competitions</li></ul>
<p>To increase opportunities for pupils to participate in a broad range of internal and external sporting competitions, raising the profile of sporting achievement across the school and supporting pupils to develop resilience, confidence and identity.</p>	<p>To provide all pupils with opportunities to experience competitive sport, focusing on inter-school competitions.</p> <p>To develop resilience, confidence and teamwork during competition while raising the profile of sporting identity and achievement across the school.</p>	<p>Key Indicator 3: Raising the profile of PE and sport across the school, to support whole school improvement</p> <p>Key Indicator 5: Increasing participation in competitive sport</p>	<ul style="list-style-type: none"><li>• Increased number and range of competitions</li><li>• Higher percentage of pupils participating in at least one competitive event</li><li>• Establish structured training sessions prior to competitions</li><li>• Visible promotion of sporting achievements</li><li>• Improved provision of competition sports kits, contributing to pupil pride and sense of belonging</li><li>• Optimise use of Sports Display on playground to celebrate and share sporting successes</li></ul>



## Plan, monitor and evaluate (2025/2026)



association for  
PHYSICAL EDUCATION



- Please aim to use this as a live working document through the year.
- Keep returning to this to evidence adaptations and progress made through the PESSPA opportunities you provide.
- There is no set number of objectives you must have.
- Make as many or as few as you see fit that will support your aims for the year ahead.
- Consider which of the 5 key areas improvements will be focusing on:
  1. *Increasing confidence, knowledge and skills of all staff in teaching PE and sporting activities prioritising CPD and training where needed.*
  2. *Increasing engagement of all pupils in regular physical activity and sporting activities*
  3. *Raising the profile of PE and sport across the school, to support whole school improvement*
  4. *Offer a broader and more equal experience of a range of sports and physical activities to all pupils and ensure equal access to sport for boys and girls*
  5. *Increasing participation in competitive sport*



# Objective 1: Confident Teaching of PE



association for  
PHYSICAL EDUCATION



	Intent - what is your objective?	Implementation - How will you achieve this?	Impact - What do you hope to see?	Supporting evidence
<b>Plan and monitor</b> (Complete now and monitor)	<p>Focus on teacher training ensuring all teachers are confident to enjoy teaching High Quality Physical Education, enabling children to access High Quality Physical Education.</p> <p>To ensure all children are participating in two hours a week of high-quality PE every week.</p>	<ul style="list-style-type: none"> <li>- Quality of teaching and learning in Physical Education will be developed through bespoke staff CPD for all class teachers. Support for PE leader included.</li> <li>- Ensure PE Primary membership is paid to ensure teachers can access HQ planning and supporting resources.</li> <li>- PE resources updated to enable HQ teaching to take place.</li> </ul>	<p>- 100% of staff, who lead PE lessons, are confident to deliver high quality lessons across a broad range of sports.</p>	<p>Staff confidence surveys, pupils' attainment data, lesson observation reviews, pupil voice.</p>
	What impact have you seen?	Are the improvements sustainable? How?	Supporting evidence	Approx. cost
<b>Evaluate</b> (Complete in July)	Add text here	Add text here	Add text here	Add text here



## Objective 2: Active Opportunities Every Day



association for  
PHYSICAL EDUCATION



	Intent - what is your objective?	Implementation - How will you achieve this?	Impact - What do you hope to see?	Supporting evidence
<b>Plan and monitor</b>	<p>Provide in school opportunities for pupils to access multiple opportunities to be physically active, including monitoring external physical activity to drive physical activity levels.</p> <p>To ensure that all pupils meet the UK Chief Medical Officers' guidelines of children engaging in at least 60 minutes of moderate-to-vigorous intensity physical activity (MVPA) daily.</p>	<ul style="list-style-type: none"> <li>- Increase the number and range of activities and clubs on offer</li> <li>- Implementation of new extra-curricular timetable.</li> <li>- Develop provision for physical activity at lunchtime by; increasing the amount of playground resources to provide playground activity facilitated by lunchtime supervisors and the Sports Crew</li> <li>- Equipment and resources to be purchased for facilitation of activity with playleaders and independent active play.</li> </ul>	<ul style="list-style-type: none"> <li>- ALL children will be active for 60 minutes a day</li> <li>- Children will have a wide range of opportunities to be physically active</li> <li>- Through careful tracking, those children with limited engagement will be targeted with an additional intervention</li> </ul>	<ul style="list-style-type: none"> <li>- External physical activity trackers outlining the amount of activity pupils' access outside of school.</li> <li>- Extra curricular timetable and participation data.</li> <li>- Lunchtime participation data, alongside lunchtime activity plan.</li> <li>- Data for all physical activity level tracked on school tracker</li> </ul>
	What impact have you seen?	Are the improvements sustainable? How?	Supporting evidence	Approx. cost
<b>Evaluate</b>				



## Objective 3: Inclusive Participation for All



association for  
PHYSICAL EDUCATION



	Intent - what is your objective?	Implementation - How will you achieve this?	Impact - What do you hope to see?	Supporting evidence
<b>Plan and monitor</b>	<p>Improve and monitor the quality and impact of physical activity provision for key target groups, particularly girls and disadvantaged pupils, to increase participation and reduce gaps. Ensure all pupils have equal access to high-quality opportunities that support their physical health, wellbeing, and engagement in school life.</p>	<ul style="list-style-type: none"> <li>- Analyse current participation data for extracurricular clubs and identify target groups based on gaps in participation</li> <li>- Implement targeted physical activity sessions, either at break/lunch times of afterschool clubs</li> <li>- Provide staff training to ensure inclusive delivery during PE, break/lunch times and afterschool clubs</li> <li>- Develop pupil voice, through school council, for target groups to share barriers to participation</li> </ul>	<ul style="list-style-type: none"> <li>- Increased participation of girls and disadvantaged pupils in physical activity sessions and competitions</li> <li>- Reduction in participation gaps between target groups children and the rest of the school</li> <li>- Higher engagement and enjoyment reported in pupil surveys</li> <li>- Improved confidence and wellbeing amongst pupils</li> </ul>	<ul style="list-style-type: none"> <li>- Club attendance records highlighting participation by target groups</li> <li>- Pupil voice surveys and focus group feedback</li> <li>- Records of targeted sessions and interventions (e.g., girls-only football, ballet club etc.)</li> <li>- Intra- and inter-school competition participation data showing increased representation</li> </ul>
	<b>What impact have you seen?</b>	<b>Are the improvements sustainable? How?</b>	<b>Supporting evidence</b>	<b>Approx. cost</b>
<b>Evaluate</b>				



## Objective 4: Competitive and Sporting Success



association for  
PHYSICAL EDUCATION



	Intent - what is your objective?	Implementation - How will you achieve this?	Impact - What do you hope to see?	Supporting evidence
<b>Plan and monitor</b>	<p>To provide all pupils with opportunities to experience competitive sport, focusing on inter-school competitions.</p> <p>To develop resilience, confidence and teamwork during competition while raising the profile of sporting identity and achievement across the school.</p>	<ul style="list-style-type: none"> <li>- Organise a wider range of inter-school competitions across multiple sports and age groups</li> <li>- Establish structured training sessions prior to competitions to build skills, confidence, and teamwork</li> <li>- Celebrate sporting achievements (in and out of school) through celebration assemblies, newsletters, and sports display to boost profile and recognition</li> <li>- Improve provision of competition sports kits to foster pride and identity</li> </ul>	<ul style="list-style-type: none"> <li>- Increased number of pupils participating in inter-school competitions</li> <li>- Pupils demonstrate improved resilience, confidence, and teamwork during competitions</li> <li>- Higher profile of school sport achievements across the school community</li> <li>- Pupils develop stronger sense of belonging and pride in representing the school with matching kits</li> </ul>	<ul style="list-style-type: none"> <li>- Records of competition entries and participation numbers by year group and sport</li> <li>- Feedback from pupils and staff via surveys on confidence, resilience, and enjoyment</li> <li>- Displays showcasing competitions, achievements, and team kit</li> <li>- Newsletters and social media highlighting sporting successes</li> </ul>
	What impact have you seen?	Are the improvements sustainable? How?	Supporting evidence	Approx. cost
<b>Evaluate</b>				